



CURRICULUM VITAE

A. BUTIR-BUTIR PERIBADI (<i>Personal Details</i>)			
Nama Penuh	Aini Azeqa Ma'rof		Gelaran: Dr.
No. MyKad / No.	Warganegara	Bangsa	Jantina
870930-14-5206	Malaysia	Melayu	Perempuan
Jawatan	Head Laboratory, Youth and Community Well-being Laboratory, IPSAS	Tarikh Lahir	30 September 1987

Alamat Semasa	Jabatan/ Fakulti	E-mel
Institute for Social Science Studies (IPSAS), Putra Infoport, UPM Universiti Putra Malaysia, 43400 Seri Kembangan, Selangor	Department of Social and Development Sciences, Faculty of Human Ecology, UPM	azeqa@upm.edu.my

B. KELAYAKAN AKADEMIK (<i>Academic Qualification</i>)			
Nama Sijil / Kelayakan (Certificate / Qualification obtained)	Nama Sekolah / Institusi (Name of School / Institution)	Tahun (Year obtained)	Bidang Pengkhususan (Area of Specialization)
PhD	University of Sheffield, UK	2018	Social Psychology
Master of Science	Universiti Putra Malaysia	2013	Social Psychology

Bac. of Education	Universiti Putra Malaysia	2010	Counselling & Guidance
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C. KEMAHIRAN BAHASA *(Language Proficiency)*

Bahasa / Language	Lemah <i>Poor (1)</i>	Sederhana <i>Moderate (2)</i>	Baik <i>Good (3)</i>	Amat Baik <i>Very Good (4)</i>	Cemerlang <i>Excellent (5)</i>
English					√
Bahasa Melayu					√

D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN

(Scientific experience and specialization)

Organization	Position	Start Date	End Date	Expertise
Ex-officio for Malaysian Youth Mental Health Index, Ministry of Youth and Sport	Ex-officio	July 2022	June 2023	Social Psychology
Head of Youth and Community Well-being, IPSAS, UPM	Head Laboratory	August 2022	Till now	Social Psychology, Community and Youth Psychology, Module development
IPSAS Research Associate	Research Associate	May 2022	July 2022	Social Psychology, Youth Psychology
HRMARS Journal	Reviewer	2022	2022	Social Sciences
MMU Conference on Communication, Language, Education and Social Sciences 2022	Reviewer	August 2022	August 2022	Psychology
Asian Research Journal of Arts & Social Sciences	Reviewer	September 2022	September 2022	Applied Psychology

FEM, UPM	FEM postgraduate seminar evaluator	July 2022	August 2022	Psychology
FEM, UPM	Final Year Dissertation Evaluator	11 June 2022	15 June 2022	Psychology
The International Institute of Knowledge Management (TIKM)	Scientific Committee for ICOSS Conference	10.6.2021	30.6.2021	Applied Psychology
4th Malaysian International Psychology Conference (MIPC21)	Scientific Committee for Social Psychology Division	2.6.21	30.6.21	Social Psychology
Ministry of Higher Education (Polytechnic and Community College)	Subject-Matter Expert on personality test development for talent pool.	5.3.2021	1.7.2021	Psychological Instrumentations
IYRES, Ministry of Youth and Sports.	Brainstorming on Mental Health issues among Malaysian Youth.	8.6.2021	9.6.2021	Mental Health
IYRES, Ministry of Youth and Sports.	Technical Working Group (TWG) #MyIndexBelia 6.0 workshop.	16.6.2020	24.6.2021	Youth development
UNITEN	External moderator for open mode pioneer course & distance learning (ODL).	11.6.2021	2.9.2021	Social Psychology
FEM, UPM	Final Year Dissertation evaluator	21.6.2021	9.7.2021	Human Development
FEM, UPM	Coordinator, Bachelor of Science Human Development	5.2.2021	31.8.2022	Human Development

	(Informational Technology) program			
PSIMA, UKM, PSIRA	Scientific Committee for Malaysian International Psychology Conference.	1.5.2021	30.6.2021	Social Psychology
UKM	Manuscript reviewer for GEOGRAFIA	20.2.2021	23.2.2021	Psychology
UKM	Manuscript Reviewer for GEOGRAFIA	23.1.2021	24.1.2021	Psychology
ICOSS-USM	WoS proceeding reviewer for ICOSS	9.9.2021	30.9.2021	Psychology

E. PEKERJAAN (*Employment*)

Majikan / Employer	Jawatan / Designation	Jabatan / Department	Tarikh lantikan / Start Date	Tarikh tamat / Date Ended
UPM	Head Laboratory	Youth and Community Well-being Laboratory, IPSAS	1.08.2022	31.07.2023
UPM	Senior Lecturer	Dept. of Social and Development Sciences, Faculty of Human Ecology, UPM	13.08.2008	Till now
UPM	Tutor	Dept. of Social and Development Sciences, Faculty of Human Ecology, UPM	20.12.2010	12.08.2018

F. ANUGERAH DAN HADIAH (*Honors and Awards*)

<i>Name of Awards</i>	<i>Title</i>	<i>Award Authority</i>	<i>Award Type</i>	<i>Year</i>
<i>Academic Awards</i>				

1.	PiCTL Innovation (<i>Silver Medal</i>): Experienced Based Learning through Community Service Old Folks Home Visit	CADe UPM	International	2022
2.	PiCTL Innovation (<i>Bronze Medal</i>): “Service Sparks” Social Projects: Advocacy Posters	CADe UPM	International	2022
3.	Silver Award – Seminar Hasil Penyelidikan	Faculty of Human Ecology	Faculty	2022
4.	Excellence Reviewer	Asian Journal of Language, Literature and Culture Studies	International	2022
5.	Innovation in Counselling (<i>Gold Medal</i>): ABC Steps to Conduct Sand Play Therapy	PERKAMA International	International	2022
6.	Silver Award – Digital Literacy Innovation through e-book for Counsellor	UNIMAS	National	2022
7.	PiCTL Innovation (<i>Silver Medal</i>): Humans of Malaysia Project: Stimulating Psychological Discernment through Community Covid-19 Experiences	CADe UPM	International	2021
8.	PiCTL Innovation (<i>Silver Medal</i>): Experiential Learning through Virtual Intergroup Contact: A Social Psychological Approach in Embracing Classroom Cultural Diversity	CADe UPM	International	2021

9.	Inspire to Innovate (<i>Gold Medal</i>): Care Innovation for New Norm	Ministry of Sports and Youth	International	2021
10.	PiCTL Innovation (Gold Medal) Community Based Learning through Humans of Malaysia Project: Photographic Page	CADe UPM	International	2020
11.	PiCTL Innovation (Bronze Medal): The used of YouTube Channel to Enhance Classroom Learning	CADe UPM	International	2020
12.	Innovation (Silver Medal): Terapi Kognitif Tingkah Laku – CBT Worksheet	Pertandingan Inovasi PERKAMARA	National	2019
Award of Merit				
1.	Excellence in Service Award	UPM	UPM	2022
2.	Outstanding Service Award	UPM	UPM	2021
3.	Excellence in Service Award	UPM	UPM	2020
4.	Excellence in Service Award	UPM	UPM	2019

G. SENARAI PENERBITAN (*List of publications*)

Journal	
1.	Nur Elina, K., Aini Azeqa, M. , & Hanina. H. H., & Haslinda, A. (2022). The Downside Effect of Emotional Intelligence on Job Stress among Non-academic University Staff, <i>International Journal of Business and Social Sciences</i> , 15(7), 102-123.
2.	Chen, Y.; Yu, X.; Ma'rof, A.A. ; Zaremohzzabieh, Z.; Abdullah, H.; Halimatusaadiah Hamsan, H.; Zhang, L. Social Identity, Core Self-Evaluation, School Adaptation, and Mental Health

	Problems in Migrant Children in China: A Chain Mediation Model. <i>Int. J. Environ. Res. Public Health</i> 2022, 19, 16645
3.	Ahmed, A., Aini Azeqa, M. , Hanina, H. H., & Yasmin, A. (2022). Intergroup attitudes on intergroup behavioral intention among Somali clans in Somalia, <i>International Journal of Business and Social Sciences</i> , 15(6), 85-101.
4.	Anandavelu, P. A., Ma'rof, A. A. , & Abdullah, H. (2022). The Impact of Psychological Factors on Sleep Quality among Public University Students in Klang Valley, Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(10), 316 – 331.
5.	Ye, C., Ma'rof, A. A. , Abdullah, H., Hamsan, H. H., Zhang, L., & Wu, Q. (2022). Research Status and Development Trend of the Theory of Planned Behavior: A Visual Analysis Based between 2012- 2022. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(12), 1283 – 1302.
6.	Murad, N. A. M., Ma'rof, A. A. , Jaafar, W. M. W., & Khir, A. M. (2022). A Review of the Aftercare Module from the Perspective of the Kuala Lumpur Treatment and Rehabilitation Center Staff. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(12), 2482 – 2488.
7.	Abdullah, H., Marzuki, N. F., Ma'rof, A. A. , & Sham, F. M. (2022). Mobile Phone Usage, Sleep Quality, and Life Satisfaction among University Students in Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(14), 72–88.
8.	Sum, T. S., Hamsan, H. H., Ma'rof, A. A. , Abdullah, H., Rasdi, R. M., Omar, S. Z., & Sadiron, N. (2022). A Systematic Review of The Factors Contributing to Adolescent Illicit Drug Use within Asia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(12), 2125 – 2141.
9.	Hamsan, H. H., Ma'rof, A. A. , Sum, T. S., Khir, A. M., Abdullah, H., Borhan, N. A. S., & Sadiron, N. (2022). Causes and Symptoms of Early Drug Addiction: A Qualitative Study in Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(8), 473 – 483.
10.	Shujing, Y., Khir, A. M., Ma'rof, A. A. , & Jaafar, W. M. W. (2022). Development and Trends of Intergroup Contact Studies. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(10), 376 – 388.
11.	M. S. Kamaruddin, F. Yahya., S. Sabil., Ma'rof, A. A. , & J. M. Salim (2022). Family and career conflicts among women – A systematic review. <i>Journal of Psychology English</i> , (1), 1-25.
12.	Kamaruddin, S., & Ma'rof, A. A. (2022). Recommendations to counselors in dealing with clients suffering from depressive mental health issues. <i>Altruistik: Jurnal Konseling dan Psikologi Pendidikan</i> , 2, 1, 31-37.
13.	Haslinda, A., Normaziah, Z., & Aini Azeqa, M. (2021). Factors influencing perception of work-related upper limbs disorders (WRULDs) among Malaysian women assembly workers, <i>International Journal of Business and Social Sciences</i> , 11(15).

14.	Aini Azeqa, M., Hanina, H. H., Haslinda, A., Azlina, K. (2021). Ethnic group attachment as the main predictor to inculcate altruistic prosocial behavior among Malaysian Indigenous (Orang Asli) adolescents. Human Resource Management Academic Research Society (HRMARS), 552-565.
15.	Aini Azeqa, M., Haslinda, A. (2021). Social support and spiritual well-being role in anticipating suicidal ideation during Covid-19 pandemic among Malaysian university students, Human Resource Management Academic Research Society (HRMARS), 1510-1523.
16.	Aini Azeqa, M., Hanina, H. H., Haslinda, A., Mohd Shahrul, K. (2021). The effect of online pornography on pornogrphahy motivation, sexual arousal and gratification and its link to tendencies towards internet- pornogrphahy-viewing disorder (IPD), Human Resource Management Academic Research Society (HRMARS), 2047-2059.
17.	Aini Azeqa, M., Haslinda, A. (2021). A highlight on the importance of spiritual practice as a coping mechanism to combat mental illness among Malaysian teenagers. Malaysian Journal of Youth Studies, (22), 95-118.
18.	Aini Azeqa, M., Hanina Halimatusaadiyah, H. (2020). Altruistic prosocial behavior and attachments among Orang Asli adolescents: The mediating role of prosocial value. International Journal of Business and Social Sciences, 10(16), 101-115.
19.	Hanina, H. H., Aini Azeqa, M., Haslinda, A. (2020). How do personality factors associate with prosocial behavior? The mediating role of empathy. Human Resource Management Academic Research Society (HRMARS), 206-219.
20.	Hanina, H. H., Aini Azeqa, M. (2020). Cultural values and prosocial behavior among Saudi undergraduates: The mediating role of empathy. Advance Scientific Research, 1735-1744.
21.	Aini Azeqa, M., Hanina Halimatusaadiyah, H. (2020). Altruistic and Egoistic Prosocial Behaviors among Orang Asli adolescents: Its relations to attachments and prosocial value. International Journal of Business and Social Sciences, 10(16), 58-72.
22.	Vhanessera, A., Aini Azeqa, M., Haslinda, A. (2020). Pornography viewing disorder (IPD) among Internet Pornography users in Malaysia. Malaysian Journal of Human Ecology, 1(1), 76-84.
23.	Jay Jay, N. E. J., Hanina H. H., Aini Azeqa, M. (2020). The relationship between selfefficacy, social support and psychological well-being among adolescents with physical disabilities in Lagos State, Nigeria. Journal of Psychology and Social Health, 4, 63-68.
24.	AlSalaman, A., Hanina Halimatusaadiyah, H., Aini Azeqa, M. (2020). Cultural values and prosocial behavior among Saudi undergraduates: The mediating role of empathy. Advanced Scientific Research, 7(13), 1735-1744.
25.	Nurhafizah, Y., Aini Azeqa, M. (2020). Professional up-skilling of English Language lecturers (Pro-ELL) Programme: The programme impact on Malaysian Polytechnics and community college educator's English proficiency. Journal on Technical and Vocational Education, 5(2), 52-60.

26.	Aini Azeqa, M., Mohd Shahrul, K. (2020). Isu dan cabaran: Pengalaman kaunselor mengendalikan talian sokongan psikologi semasa penularan wabak covid-19. <i>Buletin Psikologi dan Kaunseling Perkhidmatan Awam Negeri Sarawak</i> , 1(5), 9-17
27.	Aini Azeqa, M., Haslinda, A. (2019). Kajian Kes terhadap Tahap Kemurungan dalam kalangan Remaja Perempuan: Kupasan dan Cadangan. <i>Malaysian Journal of Youth Studies</i> , (1), 136-152.
28.	Azlina, M. K., Che W Hashimi Rafsanjani, C. W., Aini Azeqa, M., Amna, M. N. (2019). Kesan Keterlibatan Belia dalam Aktiviti Gay di Kuala Lumpur. <i>Malaysian Journal of Youth Studies</i> , (1), 93- 106.
29.	Ma'rof, A. M., Redzuan, M., Anderson, R. C., & Ma'rof, A. A. (2012). Improving Young Indigenous Malaysian Children's Incidental Vocabulary Acquisition and Oral Narrative Skills through Shared-book Reading. <i>Life Science Journal</i> , 9(4), 841-84.
<i>Chapter in Book</i>	
1.	Aini Azeqa, M., Haslinda, A. (2021). Bunuh Diri dalam kalangan Remaja dalam Belia Berisiko di Malaysia. Penerbit Unviersiti Malaysia Perlis, 277-298.
2.	Aini Azeqa, M. (2021). Kekuatan Komuniti melalui Pemupukan Tingkah Laku Prososial dalam Isu Pembangunan Komuniti. Penerbit Universiti Putra Malaysia, 87- 102.
3.	Aini Azeqa, M. (2020). Tingkah Laku Prososial Remaja Orang Asli Malaysia dalam Prolegomena: Masa Hadapan Orang Asli Malaysia. Penerbit Unviersiti Malaysia Kelantan, 173-190.
4.	Aini Azeqa, M. (2020). Tingkah laku prososial remaja Orang Asli Malaysia dalam Prolegomena: Masa Hadapan Orang Asli Malaysia. Universiti Malaysia Kelantan, 173-190.
5.	Aini Azeqa, M., Nurhafizah, Y. (2020). Implikasi ketagihan pornografi internet ke atas psikologi individu dalam Isu Kontemporari dalam Psikologi dan Kaunseling, 105-116.
6.	Aini Azeqa, M., Muhamad Naim, A. H. (2020). Pemeriksaan Psikologi Pendorong Utama kepada Kepuasan Kerja dalam Isu Kontemporari dalam Psikologi dan Kaunseling, 48-60.
7.	Aini Azeqa, M., & Mohd Shahrul, K. (2020). Impak Covid-19 ke atas Kesejahteraan Psikologi dan Sosial dalam Pendekatan Bimbingan dan Kaunseling dalam Menangani Impak Covid-19, 128-135
<i>Proceedings/ Conference</i>	
1.	Aini Azeqa, M. (2021). Intergroup Attitudes on Intergroup Behavioral Intention among Somali Noble towards Somali Bantu in Somalia. 4th Malaysian International Psychology Conference.

2.	Aini Azeqa, M., Haslinda, A., & Fariza, M. S. (2019). Religion and Spirituality: It's Importance to be highlighted as a Way to Combat Mental Illness among Malaysian Teenagers. Embracing Life through Religion and Mental Health Awareness Conference. Proceedings, UIN Syarif Hidayatullah, Jakarta, Indonesia
3.	Ma'rof, A. A., Crisp, R. J., Millings, A., Webb, T. L. (2017). Imagined Contact and Helping Behaviour Among Minority and Majority Status Groups. Malaysian Students Conference and Research Showcase 2017, University of Manchester.
4.	Ma'rof, A. A., Crisp, R. J., Millings, A., Webb, T. L. (2017). Imagined Contact as a Preparatory Tools in Promoting Intergroup Helping. PGR Conference, Psychology Department, Sheffield University.
5.	Ma'rof, A. A., Crisp, R. J., Millings, A., Webb, T. L. (2016). Imagined Contact Gives Prodigious Effect in Promoting Prosocial Behaviour. PGR Conference, Psychology Department, Sheffield University
6.	Ma'rof, A. A., Crisp, R. J., Millings, A., Webb, T. L. (2016). Improving Intergroup Helping Through Imagined Contact, The Sheffield Hallam Psychology, Sociology, and Politics PhD Conference, 3rd Annual PhD Research Conference, Sheffield Hallam University.
7.	Ma'rof, A. A., Crisp, R. J., Millings, A., Webb, T. L. (2015). Maximizing the Impact of Imagined Contact in Promoting Altruistic Behaviour: Intergroup Anxiety and Prosocial Behaviour Tendencies, WRDTC Fourth Annual Conference on Getting Published, University of York
8.	Ma'rof, A. A., Crisp, R. J., Millings, A., Webb, T. L. (2015). The Role of Visual Perspective in Maximizing the Impact of Imagined Contact Effects. PGR Conference, Psychology Department, Sheffield University
9.	Ma'rof, A. A; Hanina, H. (2013). Attachment and Prosocial Behaviour amongst Malaysian Indigenous, International IJAS Conference for Academic Disciplines, Nevada, Las Vegas, US
10.	Ma'rof, A. A., Redzuan, M. (2012). Group Attachment and Prosocial Value in Influencing Prosocial Behaviour Tendencies among Malaysian Indigenous Adolescents, Paris International Congress of Humanities and Social Sciences Research, Paris.
11.	Ma'rof, A. A. (2012). Group Attachment and Altruism among Orang Asli Adolescents, International Malaysian Studies Conference 2012 (MSC8), Universiti Kebangsaan Malaysia.

H. Speaker			
No.	Title	Anjuran	Tahun
1.	Green Ribbon Age Training (GREAT) Project on Practical Help in Crisis Events	GREAT, KMB and Kolej Tan Sri Mustaffa Babjee	2022

2.	Engaging Youth Self-esteem	Faculty of Modern Language and Communications, UPM	2022
3.	Does Appearance Matter? Program Love Yourself: the beauty in you	Pusat Kurikulum & Pembangunan Pelajar, UPM	2022
4.	International Webinar: Be The Game Changer in Today's Social Media Toxicity	UCSI and School of Psychology Universitas Ciputra	2022
5.	Personaliti Kepimpinan	INFRA	2022
6.	Pengurusan Stress dalam Kesukarelawanan	Institut Sosial Malaysia	2022
7.	Burn Out: Bagaimana Menguruskannya?	Unit Bimbingan dan Kaunseling KPMBM	2021
8.	International Lecture Series: Psychological and Mental Well-being Post-Covid Pandemic	MAKASSAR International	2021
9.	Terlanjur Bercinta: Bengkel Kesihatan Reproduksi Belia	Majlis Belia Sabah	2021
10.	How to Manage Stress in Postgraduate Life	UniKL MIAT	2021
11.	Kembalikan Sinar Itu: Mental Health Talk	UniMAP	2021
112.	PDP dalam Talian dan Kesejahteraan Psikologi	FSKTM, UPM	2021
13.	Are You Burned Out? How to Embrace your Postgraduate Journey during Covid-19 Pandemic	HEPSA, UPM	2021
14.	Alumni Sharing Session (SIRI 1)	Kelab Mahasiswa Bimbingan dan Kaunseling (KBMBK)	2021
15.	Good Health, Good Result (Pengurusan Stress)	Pembangunan Kesukarelawan UPM	2021
16.	Bengkel Metodologi Kajian Kuantitatif FEM4959A	FEM, UPM	2021

17.	Forum Vaksin Covid-19: Adakah Covid-19 akan terhenti?	HESA, FEM, UPM	2021
18.	Mental Health Care: MeCARE	Bakti Siswa, UPM	2021
19.	Work from Home Challenges among Working Mothers	FEM, UPM	2021
20.	Adaptasi dalam Endemik Covid-19 (ADEC-19)	FEM, UPM	2021
21.	Tangani Stress dalam kalangan Pelajar	Kelab Harmoni, UPM	2020
22.	Bangkitkan Hormon Bahagia, Agar Hidup Sejahtera	Persatuan Kaunselor Pendidikan Malaysia	2020
23.	Program Expert Sharing Alumni (PRO-EXSA)	UPM	2020

J. PROJEK PENYELIDIKAN TERDAHULU *(Past Research Project)*

Project No.	Project Title	Role	Year	Source of fund	Status
9708700	Imagined Contact Intervention effect on Intergroup Attitudes and Behavior towards Ex-drug Addicts	Project Leader	2022	Geran Putra, UPM	On-going
05-01-20-234FR	Pembentukan Model Komunikasi Preventif Penyalahgunaan Dadah dalam kalangan Pelajar di Kawasan Berisiko	Co-researcher	2020	Ministry of Higher Education	On-going
	Peaceful Coexistence among Malaysian of Different Religious and	Co-researcher	2020	Westminster Foundation for Democracy / Institut Darul Ehsan	Complete

	Ethnic Background				
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I. PEKERJAAN (<i>Employment</i>)				
<i>Majikan / Employer</i>	<i>Jawatan / Designation</i>	<i>Jabatan / Department</i>	<i>Tarikh lantikan / Start Date</i>	<i>Tarikh tamat / Date Ended</i>
UPM	Head laboratory	Youth and Community Well-being Laboratory, IPSAS	1.08.2022	31.07.2023
UPM	Senior Lecturer	Dept. of Social and Development Sciences, Faculty of Human Ecology, UPM	13.08.2018	Till now
UPM	Tutor		20.12.2010	12.08.2018